[Books] Empowering Older Adults Practical Strategies For Counselors

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Counseling Older People - Charlene M. Kampfe - 2015-01-12
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Library Users and Reference Services - Jo Bell Whitlatch - 1995
This useful book helps reference librarians understand the information seeking needs and behaviors of the diverse groups of people in the communities they serve. With the increasing diversity of the American population, librarians striving to plan and deliver excellent reference services must enhance their understanding of how best to assist many types of individuals and groups, from children to the elderly. Library Users and Reference Services provides much-needed help in this area, delivering strategies and methods to aid readers in their quest for increasingly effective service for all members of the communities in which they work. Library Users and Reference Services is divided into four sections of chapters which cover a broad range of topics to assist readers in planning and delivering appropriate services. Section One explores customer service, economics of information, and marketing as key concepts useful in studying information needs of specific groups in the population. Section Two focuses on scholars and students in three broad academic disciplines: science, humanities, and social sciences. Section Three covers groups with special characteristics such as age, economic standing, gender, or profession. Section Four discusses evaluation and provides guidance in the use of the most widely accepted measures for assessing reference effectiveness. The book's final chapter explores redesigning reference services for the future, providing a glimpse of how such services may change. Library Users and Reference Services is a practical guide to help readers understand the many issues related to serving diverse populations in a community. Reference librarians and graduate library school students and faculty will learn more effective ways to help a heterogeneous public with the help of this new book.

Counseling Adults in Transition, Fourth Edition - Mary Anderson, Ph.D. - 2011-08-09
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Empowerment Series: Understanding Generalist Practice

Counseling Adults in Transition, Fourth Edition

Mary Anderson, PhD
2011-08-09

The only textbook explicitly designed to address counseling with adults who are coping with individual, relationship, and work transitions, this volume integrates the basic tenets of adult development with therapeutic practice. It is based on Schlossberg’s theory of transitions, a new process and content model that offers effective techniques for helping adults to understand and successfully navigate normal life transitions. This revised edition addresses contemporary societal issues that exacerbate adult life transitions, such as a tumultuous economy, increased unemployment, bankruptcies, and foreclosures, and focuses on our increasing racial and cultural diversity. The volume also expands its consideration of spiritual and social justice issues and provides a more integrated and holistic approach to adult transitional counseling. Key Features of the New Edition: Based on Schlossberg’s technique, a new model for counseling adults in transition Offers practical new strategies and exercises for use in transitional counseling Addresses potential unemployment and coping in an uncertain social/economic context Focuses on loss and resiliency, diversity, culture, social justice, and spirituality Contains new sections on transitioning to adulthood, living arrangements including diverse family structures, mobility, siblings, in-laws, and retirement Introduces new concepts such as collectivist coping, hardness, mindfulness, and transcendence

Counseling Adults in Transition

Nancy K. Schlossberg
2005-11

Geriatric Mental Health Ethics

- 2008-09-30

"The book’s genuine value is that it provides the reader with a solid foundation in ethical competence. The ten-step ethical decision-making model described is clear, structured, and in the resolution of common ethical problemsÖ.A welcome resource to all geriatric mental health students, practitioners, and educators.” – From the Afterword by Frank A. Cervo, MD, Long Island State Veterans Home, Stony Brook University School of Medicine Detailed case studies will guide practitioners through Bush’s “Four A's” of ethical decision-making: Anticipating and preparing for ethical issues commonly encountered in specific contexts Avoiding ethical misconduct Addressing ethical challenges with specific strategies and goals Aspiring to even higher standards of ethical decision making and practice Making informed, ethical decisions and choosing the right course of action with elderly patients can prove difficult for mental health practitioners. This is especially true when patients suffer from Alzheimer's disease or other disorders that impair their own decision-making abilities. When confronting dilemmas concerning privacy, informed consent, and patient autonomy, use of an ethical decision-making model is essential. In this book, Bush not only presents this practical, 10-step model, but through a diverse collection of case studies, also demonstrates how it can be implemented across numerous therapeutic settings. Nursing, social work, counseling, and psychiatry are only four of the many settings discussed. In essence, the author offers a truly unique, interdisciplinary approach to ethical decision-making in geriatric mental health care.

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Empowerment Series: Understanding Generalist Practice

Karen K. Kirst-Ashman
2016-12-05

Organized around the coherent and cohesive Generalist Intervention Model, this guide to generalist social work practice incorporates the knowledge, skills, and professional values needed to work with individuals and families, as well as the foundation to work with groups, communities, and organizations. Updated with new material on empathy, interdisciplinary collaboration, working with LGBTQ clients and clients with disabilities, and other topics, the book focuses on micro levels of social work practice while also discussing the interrelationship among the micro, mezzo, and macro levels. Part of the Brooks/Cole Empowerment Series, UNDERSTANDING GENERALIST PRACTICE, 8th Edition, clearly identifies content related to the latest Council on Social Work Education (CSWE) Educational Policy and Accreditation Standards (EPAS) with icons throughout the text. Learning objectives, correlated to chapter headings and summaries, guide students' reading and reinforce their understanding. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

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Issues in Career Development

- Donald Thompson
2005-11-01

This volume will examine the historical emergence of the concept of career including early ideas about the meaning and role of work and how it fits with life. The concept of career development is of relatively recent origin. It was not until the early 20th Century that serious attention was given to the role of work and career as it applied to the common man. While the concept of “vocation” has historical roots that date back centuries, vocation (or calling) was typically only applied to the professions of the clergy, law and medicine. These individuals had careers, while the common man had a job. Perhaps the most significant event that changed both the labor market and the associated socio-cultural values about work was the 2nd World War. The technological advances that were brought about by the war were profound in terms of changing the nature of work, and the war brought about a significant change in the gender makeup of our labor force as millions of women entered the labor market to support the war effort. The combined effects of technology, a rapidly new value system, and a burgeoning economy changed everything.

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Health Promotion and Aging

- David Haber
2013-03-26
Print+CourseSmart

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The Handbook of Counseling

- Don C. Locke
2001-03-02
A landmark publication, The Handbook of Counseling defines the field of
list of resources for the elderly and their families is also provided. Profession, and where this dynamic field is going. Edited and with chapters contributed by the leaders in counseling education and research, including several past-presidents of the American Counseling Association, this Handbook is comprehensive in its scope.

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**Counseling Across the Lifespan** - Cindy L. Juntunen - 2002
Counseling Across the Lifespan expands the parameters of counseling with its emphasis on preventive techniques for adjustment problems in the lifespan of a normal individual. This cogent work focuses on counseling intervention strategies from the unique perspective of an individual's lifespan, placing techniques in the proper development context. By concentrating on life stages—from childhood through old age—the authors identify the nature and origin of various psychological issues such as self-identity and healthy lifestyle development in adolescents, family violence in young adults, or retirement transitions for older adults. The intervention tools needed to confront these issues are presented through succinct pedagogical features including case examples, checklists for evaluating clients, and exercises.

**Challenges and Solutions in Patient-Centered Care** - Judith Belle Brown - 2018-08-11
Series Editors: Moira Stewart, Judith Belle Brown and Thomas R Freeman
The application of the patient-centered clinical method has received international recognition. This book introduces and fully examines the patient-centered clinical method and illustrates how it can be applied in primary care. It presents case examples of the many problems encountered in patient-doctor interactions and provides ideas for dealing with these more effectively. It covers a wide range of topics and issues including palliative care, abuse, dying patients, ethical challenges and the role of self-awareness. Many narratives originate from patients' and family members' experiences, providing perspectives of great power and value. The Patient-Centered Care series is of great value to all health professionals, teachers and students in primary care.

**Geriatric Neuropsychology** - Shane S. Bush - 2005-10-10
The text provides a lifespan developmental approach to neuropsychology. It addresses the many issues in neuropsychological assessment that differ between younger and older adults. It describes the symptoms, neuropathology, diagnostic considerations, and treatment options of common neurological disorders associated with aging. It also addresses special considerations related to geriatric neuropsychology, such as ethical issues, family systems issues, decision-making capacity, cultural consideration, and medical/medication/substance use issues. Additionally, a
symptoms seniors endure as “just old age.” But as Marcy Houle discovered resources and leadership potential of our ageing population? How do we turn old age from an expensive wasteland into a fertile period of growth and development?

Leadership for Older Adults - Sandra A. Cusack - 2013-06-17

This study tells the tale of two retirement organizations that reflect common leadership issues throughout the western world, issues that are emerging in many developing countries and have yet to be experienced in others. Wherever rapid population ageing is coupled with a view of old people as useless and a burden, challenging questions arise: how do we develop the resources and leadership potential of our ageing population? How do we turn old age from an expensive wasteland into a fertile period of growth and development?


Karen K. Kirst-Ashman’s introductory book enhances readers’ ability to grasp the essence and spirit of generalist social work and the issues in social welfare that social workers address every day. Giving those who are contemplating a career in social work a solid introduction to the profession, Kirst-Ashman presents a balanced introductory look within a unifying theme of critical thinking that trains readers to be more evaluative of key concepts. This fifth edition is completely updated in every chapter, and includes practice concepts, social welfare policy concepts, history and current state of the profession, the contexts of practice and populations served, and professional development. Written in a clear and straightforward manner, the book provides numerous case examples to illustrate social work practice. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.


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Handbook of Counseling and Psychotherapy with Older Adults - Michael Duffy, Jr. - 1999-07-15

With the graying of society, therapists are seeing more and more older clients. In this book, editor Michael Duffy brings together leading experts to explain the unique problems of older adults and describe effective treatment techniques.

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The Gift of Caring - M. Cottrell S. Houle - 2018-10-26

In a powerful blending of memoir and practical strategies from a medical doctor’s perspective, The Gift of Caring: Saving Our Parents - and ourselves - from the Perils of Modern Healthcare reveals the hidden side of modern healthcare practices for aging Americans. This groundbreaking book, co-written by award-winning author Marcy Houle and nationally-recognized geriatrician and public health advocate, Elizabeth Eckstrom MD MPH, sheds new light on aging by showing it from twin perspectives: the story of a daughter desperately seeking help for the parents she loves, and a geriatrician who offers life-changing strategies that can protect our loved ones and ourselves. Today, for many older adults, the medical delivery system is confusing, fragmented, and ill-equipped to provide comprehensive, person-centered care. Under our current healthcare model, thousands of aging persons face unnecessary suffering, hospitalizations and nursing home stays, and even preventable death. Seniors and families often feel powerless as they travel this sad journey. Not having knowledge of aging’s changes, they resign themselves to believing there is nothing anyone can do to help, while some health care professionals simply write off symptoms seniors endure as “just old age.” But as Marcy Houle discovered in caring for her parents, many of the problems often are not “just old age.” Further, the real issue is not that the answers to ease suffering don’t exist. Rather, what we need to know is generally not available to the general public. Even more concerning, many health care professionals have little or no training in the care of older adults. The Gift of Caring hopes to change that. It is written to give empowerment to all older adults, family members, and healthcare professionals by sharing much needed knowledge and practical tools. The Gift of Caring offers the best ways to advocate for our parent’s health care ... and our own ... by giving us the tools we need to insist upon the better way. Your parents and you deserve the best healthcare as you age- But there are so many reasons why that’s not happening.You can change that.

Gerontological Practice for the Twenty-first Century - Virginia E. Richardson - 2005-12-07

Gerontological Practice for the Twenty-first Century meets the need for state-of-the-art information on practice approaches with older patients that are age-specific and empirically based, blend “micro” and “macro” views, and reflect current themes in the aging and social work fields. The book is designed as a text for students and as a professional resource for practitioners. Clearly written, the book offers an expert and comprehensive review of the current literature and focuses on issues relating to the most vulnerable older people. Gerontological Practice for the Twenty-first Century also features case illustrations throughout and brief end-of-chapter questions for review. The book has four parts. Part 1 reviews current and classic theories of aging and proposes an original framework for an integrative approach to practice with older people that incorporates both individual and policy-level interventions. The approach is based on current themes such as a life course perspective, heterogeneity, diversity, and inequality. Part 2 covers such common and important psychological problems among older adults including anxiety, depression, suicide, addiction, substance abuse, and dementia, and describes appropriate, evidence-based interventions. Part 3 considers the social psychological picture by discussing working with older families, end-of-life care, bereavement, and work and retirement. Part 4 focuses on core sociopolitical issues in the lives of older people: economic policy, poverty, health policy, quality-of-life concerns, and social services. Current, authoritative, and original, this single-volume gerontology resource will be of valuable use to graduate students and practitioners.
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Women's Studies Index - 1992

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The Enhanced Edition demonstrates how there are common elements, core processes, and skills across all stages of helping and throughout work with all populations--including individuals, families, groups, and communities. It defines, illustrates, and teaches helping skills and provides manageable models for understanding them. It also looks at the underlying process and its associated set of core skills. Part of the EMPOWERMENT SERIES, THE SKILLS OF HELPING INDIVIDUALS, FAMILIES, GROUPS, AND COMMUNITIES, ENHANCED, 8th Edition, integrates the core competencies and practice behaviors outlined in the current Educational Policy and Accreditation Standards (EPAS) set by the Council on Social Work Education (CSWE). Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.


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Counseling for Empowerment - Ellen Hawley McWhirter - 1994

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Vulnerable Older Adults - Patricia M. Burbank, DNSc, RN - 2006-06-19

Winner of an AJN Book of the Year Award! Named an Outstanding Academic Title for 2007 by Choice! "Well organized, extensively referenced, and illustrated with figures/tables, this work represents a unique, multipurpose, interdisciplinary approach to elder care.Highly recommended." --CHOICE Based on the concept that vulnerability in the older populace encompasses those who are at increased risk for physical and psychosocial health problems, this book takes a closer look at vulnerability and how it affects five specific populations within the elderly: Those incarcerated in prisons The homeless Gay, lesbian, bisexual, and transgender people Those who are HIV positive or living with AIDS The frail Both physical and psychosocial health care issues and needs are addressed as well as interventions and resources that can be implemented to care for these very specific populations and their requirements for successful physical and mental health care. The unique challenges of hospice care in prisons; the lack of services that cater to homeless older people; and the overall attitude towards helping elderly gay, lesbian, bisexual or transgender people. This core textbook provides a concise picture of health care needs of these older adults Themes of interdisciplinary approach to care, cultural considerations, and neglect and abuse are integrated throughout Strategies and resources for caring for older adults with dementia are discussed for each vulnerable population.

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Teaching Gerontological Social Work - Virginia Richardson - 1999

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Imaging Ageing - Carmen Concilio - 2018-10-31

What do literary texts tell us about growing old? The essays in this volume introduce and explore representations of ageing and old age in canonical works of English and postcolonial literature. The contributors examine texts by William Shakespeare, Daniel Defoe, Julian Barnes, Thomas Kinsella, Seamus Heaney, J.M. Coetzee, Alice Munro, Witi Ihimaera and Patricia Grace and, together with a medical study, they suggest solutions to the challenges arising from the current demographic change brought about by ageing Western populations.

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Post-Qualifying Social Work Practice - Patricia Higham - 2008-11-20

"A valuable resource for all those engaged in post-qualifying social work practice. It is impressive in its coverage of contemporary social work practice across the four countries of the UK" Professor Jackie Powell, University of Southampton "The PQ landscape is complex and changing fast, so the reader will be grateful to Pat Higham and her colleagues for this clear and comprehensive analysis of PQ" Professor Mark Doel, Sheffield Hallam University. "a comprehensive introduction to social work education at post-qualifying level. It identifies the key issues qualified social workers need to consider in contemporary practice and enables them to engage in critical reflection through the development of their post-qualifying expertise." Professor John Harris, University of Warwick This core textbook provides an authoritative overview of the post-qualifying awards in social work. Written in response to recent policy and training guidelines, the book will enhance social workers' post-qualifying knowledge, skills and values within the specialist area of practice. The book will also provide a framework to construct different ways of thinking about and doing social work - Encourage reflection on their practice - Enable social workers to build confidence in their professional identity - Move from competence to increased capability and to expertise - Help social workers to explore values and values dilemmas - Increase social workers' knowledge for practice - Promote learning and career development. This book examines core assumptions about post qualifying practice - that values and relationships (including partnerships with service users) are essential to good practice, that social workers will work in diverse organisational structures and that social workers in the United Kingdom should become aware of European models of social work.

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Empowering Older Adults - Practical Strategies for Counselors

Counseling Adults in Transition

Empowerment, Participation and Social Work Practice

Gerontological Social Work Practice

Brooks/Cole Empowerment Series: Human Behavior in the Macro Social Environment

Community Counseling

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Counseling Adults in Transition - Jane Goodman, PhD - 2006-05-31


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Empowerment, Participation and Social Work - Robert Adams - 2008-03-04

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Gerontological Social Work Practice - Enid Opal Cox - 2014-02-25

What are the challenges facing gerontological social workers—today and in the near future? This book gives you an essential overview of the role, status, and potential of gerontological social work in aging societies around the world. Drawing on the expertise of leaders in the field, it identifies key policy and practice issues and suggests directions for the future. Here you’ll find important perspectives on home health care, mental health, elder abuse, older workers’ issues, and death and dying, as well as an examination of the policy and practice issues of utmost concern to social workers dealing with the elderly. With Gerontological Social Work Practice: Issues, Challenges, and Potential you’ll explore: the differences between real situations and what demographics lead one to expect the need for social workers to focus on economic, political, and social issues in order to promote positive change the long-term care insurance issues facing elderly Japanese citizens a Canadian perspective on social work practice with aging people practice techniques to use with aging African Americans strengths-based and empowerment-oriented ways to work with frail elderly the impact of multiculturalism on social policy and much more!

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Baby Boomer Blues - Gary R. Collins - 1992

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The Reference Librarian - 1995

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Books Out Loud - 2007

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Community Counseling - Judith A. Lewis - 2003

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